## Appendix D

## Field Diagrams

## FIELD DIAGRAM DETAILS



GOAL POST DETAIL


PYLON DETAIL


RECOMMENDED YARD-LINE
NUMBERING


END ZONE DETAIL


## BLOCKING ZONE



LOW-BLOCKING ZONE


## TACKLE BOX

SNAPPER


## PROPER PLACEMENT OF LOGO

| 45 | 50 | 45 |
| :---: | :---: | :---: | :---: |

Rule 1-2-1-f: Contrasting decorative markings are permissible within the sidelines and between the goal lines. However, yard lines, goal lines and side lines must not be hidden.

## COMMERCIAL NAMING RIGHTS

ILLEGAL


LEGAL


Rule 1-2-1-h: Advertising is prohibited on the field. Exception 3: If a commercial entity has purchased naming rights to the facility, that name is allowed to be painted on the field; however, the commercial logo is not allowed to be in the field of play.

## Notes for groundsmen

These notes accompany the field diagram as a summary of requirements for the marking of the field. For full details see Rule 1-2.

1. There is no such thing as a metric American football field. All measurements are in yards, feet and inches.
1 yard $=3$ feet $=36$ inches $=91.44 \mathrm{~cm}$
1 foot $=12$ inches $=30.48 \mathrm{~cm}$
1 inch $=2.54 \mathrm{~cm}$
1 yard = 36 inches ( 91.44 cm ), but may be shortened to no less than 34.12 inches ( 86.67 cm ) only if necessary to fit a 100-yard field of play plus two 10 -yard end zones within the available playing surface. If the length of the field is reduced in this way, all other field dimensions and markings stated in the rules must be reduced commensurately.
2. A full sized field is 360 ft long and 160 ft wide, consisting of two 10 yd end zones and twenty 5 yd grid segments. If there is insufficient length, it may be shortened to 330 ft by taking two 5 yd segments out of the middle (i.e. the 45 yd line thus becomes the half-way line). If absolutely necessary, up to a further 18 ft may be saved by reducing the size of both end zones to the minimum allowed 7yds. A legal field cannot therefore be marked if there is less than 104yds ( 312 ft ) between the goal posts.
3. Note that the width of the field is significantly less than for sports such as soccer, rugby or hockey and that it cannot be varied.
4. Measurements are made from the inside edge of the boundary lines. The entire width of the goal line shall be in the end zone.
5. Yard lines across the field at 5yd intervals between the goal lines (i.e. NOT in the end zones) are essential: they are relied upon for accurate measurement of the distance the ball is advanced.
6. The hash marks lines are 60 ft from each sideline. (N.B. Some field diagrams show these to be 53 ft 4 in or 70 ft 9 in from the sidelines - those are not correct for British/international games.) Each hash mark should be 2 ft long (i.e. from a point 60 ft from the sideline to a point 58 ft from the sideline) on each side of the field. The hash marks do NOT extend into the end zones.
7. Similar 2 ft long lines should be marked starting 4 in inside each sideline (between the goal lines). These should line up with the hash marks in the middle of the field to give a series of consistent reference points for aligning the ball.
8. There must either be numbers or marks 27 ft from each sideline on every 10 yd line (but not the 5 yd lines). If numbers then it is the top of each number that is 27 ft from the sideline. The proper size of the numbers is 6 ft x 4 ft but they can be smaller if necessary. If not numbers, a 1 ft long mark should be made 27 ft in from each sideline on each 10 yd line.
9. There should be two (adjacent) boxes drawn outside each sideline, stretching from a point $25 y d s$ from each goal line. These boxes are shorter if segments are taken out of the middle of the field since the two end points of them are fixed in relation to the goal lines. Stretching from 6 ft to 12 ft outside the sideline is the coaching box. Stretching from 12 ft as far as there is room for it is the team area. These are the areas in which coaches and substitutes must stay during play.
10. Outside the sidelines and end lines, there should be a set of dashed limit lines drawn, if possible, 12 ft away from the field of play. This marks the boundary of the field, and all spectators, photographers, cheerleaders, etc. should be outside it.
11. If spectators are not confined to a particular area (e.g. the stands), then for reasons of safety there should be a rope or something similar that keeps them well behind the limit lines.
12. For safety reasons goal posts may not be inside the field. They must be on the end lines or, failing that, outside them. If the goal posts cannot be moved, the length of the field must be reduced.
13. The top of the crossbar should be 10 ft from the ground. The uprights should be 18 ft 6 in between the insides of the uprights. The uprights should be at least 30ft high. (N.B. A standard rugby goal that has a 3 m crossbar and uprights 5.6 m apart is acceptable.) The posts must be padded with resilient material from the ground to a height of at least 6 ft .
14. Soft flexible four-sided pylons 4in x 4in with an overall height of 18 inches, which may include a 2 in space between the bottom of the pylon and the ground, are recommended. They should be red or orange in colour and placed at the inside corners of the eight intersections of the sidelines with the goal lines and end lines. The pylons marking the intersections of the end lines and inbounds lines extended should be placed 3ft outside the end lines.
15. All field dimension lines should be 4 in in width with a white non-toxic material (Exception: sidelines and end lines may exceed 4in). If white is unsuitable, choose another contrasting colour.
16. Advertising or decorative markings on the field are permissible. In the end zone, they must not be closer than 4 ft to any line unless in a contrasting colour. In the field of play, they must not obliterate any line.
