

Index of Rules and Interpretations

- 15-yard penalties (5 on 5 football) 185
- 30-second clock (5 on 5 flag football) 190
- 30-second clock (5 on 5 football) 183
- Access to Officials (Miscellaneous) 176
- Administration and Enforcement (The Ball) 38
- After the Ball is Snapped (Backward Pass and Fumble) 109
- All Become Eligible (Scrimmage Kicks) 95
- Appointments (Procedures for BAFA disciplinary and appeal proceedings) 24
- Approved Ruling and Officials' Signals 49
- At Rest (Backward Pass and Fumble) 110
- Authority for leagues to impose sanctions (Sanctions) 176

- Backward passes and hand offs (5 on 5 flag football) 192
- Backward passes and handoffs (5 on 5 football) 184
- Ball dead (5 on 5 flag football) 192
- Ball Declared Dead (Ball in Play – Dead Ball) 81
- Ball Out of Bounds (Out of Bounds) 83
- Ball Ready for Play (Ball in Play – Dead Ball) 83
- Basic principles 14, 15, 16, 17, 18, 19
- Basic Spot (Spots) 61
- Batting a Backward Pass (Batting and Kicking) 146
- Batting a Loose Ball (Batting and Kicking) 145
- Batting Ball in Possession (Batting and Kicking) 146
- Batting (Fumbling, Muffing, Touching, Batting or Blocking a Kick) 53
- Behind the Neutral Zone (Scrimmage Kicks) 94
- Belongs To (The Ball: Live, Dead, Loose) 50
- Below Waist (Blocking) 51
- Beyond the Neutral Zone (Scrimmage Kicks) 94
- Blitz (5 on 5 flag football) 189
- Blitz (5 on 5 football) 182
- Blocking a Scrimmage Kick (Fumbling, Muffing, Touching, Batting or Blocking a Kick) 54
- Blocking Below the Waist (replacement for rule 9-1-2-e) (Youth Football) 180
- Blocking (Blocking) 51
- Block in the Back (Blocking) 52

- Catchable Forward Pass (Passes) 58
- Catch, Interception, Recovery (The Ball: Live, Dead, Loose) 50
- Catch or Recovery by Kicking Team (Scrimmage Kicks) 96
- Catch or Recovery by Receiving Team (Scrimmage Kicks) 96
- Caught or Recovered (Backward Pass and Fumble) 109
- Ceremonies (Miscellaneous) 176
- Change of possession (5 on 5 football) 186
- Changing Rooms (Changing Facilities) 169
- Charged Team Timeouts (Timeouts) 75

- Chop Block (Blocking) 51
Clipping 52
Coaches' Certification (Players and Playing Equipment) 45
Coaches' Phones (Players and Playing Equipment) 47
Code of conduct (Basic principles) 15
Completed Pass (Forward Pass) 113
Contact fouls (5 on 5 flag football) 194
Contacting an Official (Noncontact Fouls) 141
Contact Interference (Forward Pass) 117
Continuity of Downs Broken (A Series: Started, Broken, Renewed) 86
Contrasting Colours (Players and Playing Equipment) 41
Criterion for Reversal (Reversing an On-Field Ruling) 168
Crosses Neutral Zone (Passes) 58
- Dead Ball Becomes Alive (Ball in Play – Dead Ball) 81
Dead-ball fouls (5 on 5 football) 186
Dead-Ball Fouls (Penalties Completed) 150
Dead-Ball Spot (Spots) 60
Dead Ball (The Ball: Live, Dead, Loose) 49
Dead Where Caught (Fair Catch) 99
Defensive Team Requirements (The Scrimmage) 107
Definition (Definition) 161
Definition of coach (Amendments to NCAA Rules for British games) 179
Delaying the Start of a Half (Delays) 78
Deliberate Dead-Ball Advance 52
Dimensions (The Field) 32
Disqualified Player (Team and Player Designations) 63
Diving (5 on 5 flag football) 189
Down and Between Downs 52
Downs (5 on 5 flag football) 192
Downs (5 on 5 football) 184
Drop Kick (Kicks) 55
During Live Ball (Backward Pass and Fumble) 109
- Eligibility Gained or Regained (Forward Pass) 112
Eligibility Lost by Going Out of Bounds (Forward Pass) 112
Eligibility to touch a forward pass (5 on 5 flag football) 193
Eligibility to touch a forward pass (5 on 5 football) 185
Eligibility to Touch Legal Pass (Forward Pass) 112
Encroachment (Encroachment and Offside) 57
End Zones (Field Areas) 65
Enforcement On Try Down (5 on 5 flag football) 196
Enforcement On Try Down (5 on 5 football) 186
Enforcement spots (5 on 5 flag football) 195
Enforcement Spot (Spots) 59
Equipment (Instant Replay Personnel, Equipment and Location) 166
Extension of Periods (Playing Time and Intermissions) 69
Extra periods (5 on 5 flag football) 196
Extra periods (5 on 5 football) 187
Extra Periods (Start of Each Period) 66

- Fair Catch (Fair Catch) 52
Field Goal Attempt (Kicks) 56
Field of Play (Field Areas) 65
Field Surface (The Field) 37
Fighting 146, 147, 65
First and Third Periods (Start of Each Period) 66
Flagrant foul (5 on 5 flag football) 189
Flagrant Fouls (Contact and Interference Fouls) 130
Forced Touching Disregarded (Free Kicks) 92
Forced Touching Disregarded (Scrimmage Kicks) 95
Forfeited Games (Value of Scores) 120
Forward and Backward Pass (Passes) 57
Forward, Beyond (Forward, Beyond and Forward Progress) 53
Forward passes (5 on 5 flag football) 193
Forward passes (5 on 5 football) 184
Forward Pass Play (Play Classification) 64
Forward Progress (A Series: Started, Broken, Renewed) 85
Forward Progress (Forward, Beyond and Forward Progress) 53
Foul After Change of Team Possession (Down and Possession After a Penalty) 87
Foul and Violation 53
Foul Before Change of Team Possession (Down and Possession After a Penalty) 87
Foul Between Downs (Down and Possession After a Penalty) 88
Foul Between Series (Down and Possession After a Penalty) 88
Foul During Free Kick Down (Down and Possession After a Penalty) 87
Fouls After a Try (Try Down) 124
Fouls by Both Teams (Down and Possession After a Penalty) 89
Fouls By Kicking Team (Free Kicks) 92
Fouls By Kicking Team (Scrimmage Kicks) 98
Fouls During a Loose Ball (Down and Possession After a Penalty) 89
Fouls During a Try After a Change of Team Possession (Try Down) 124
Fouls During a Try Before a Change of Team Possession (Try Down) 123
Frame (of the Body) (Blocking) 52
Free Kick at Rest (Free Kicks) 92
Free Kick Caught or Recovered (Free Kicks) 92
Free Kick Formation (exception to Rule 6-1-2-c) (Youth Football) 180
Free Kick Formation (Free Kicks) 90
Free Kick (Kicks) 56
Free Kick Play (Play Classification) 64
Fumble (Fumbling, Muffing, Touching, Batting or Blocking a Kick) 53
- Game Administration Interference (Contact and Interference Fouls) 138
Game clock (5 on 5 flag football) 190
Game clock (5 on 5 football) 183
Game Clock (Timing Devices) 64
Game Management (Cancellation, Suspension and Abandonment of Games) 174
Game regulations 19, 20
Game Stop (Initiating the Replay Process) 166
Game Supervision (Cancellation, Suspension and Abandonment of Games) 174
General principle (5 on 5 flag football) 188
General principle (5 on 5 football) 181

- General Principle (Cancellation, Suspension and Abandonment of Games) 173
General principles (Procedures for BAFA disciplinary and appeal proceedings) 22
General Principle (Youth Football) 180
Goal Lines (General Provisions) 31
Goal Lines (Lines) 54
Goals (5 on 5 flag football) 188
Goals (5 on 5 football) 181
Goals (exception to Rule 1-2-5-f) (Youth Football) 180
Goals (The Field) 35
- Half-distance (5 on 5 flag football) 195
Half-distance (5 on 5 football) 186
Half-Distance Enforcement Procedures (Enforcement Procedures) 159
Handing the Ball 55
Handing the Ball Forward (The Scrimmage) 108
Held Ball Out of Bounds (Out of Bounds) 83
How and When Completed (Penalties Completed) 148
How Charged (Timeouts) 73
How Scored (Field Goal) 124
How Scored (Safety) 126
How Scored (Touchdown) 120
How Scored (Try Down) 121
Huddle 55
Hurdling 55
- Illegal Block or Contact (Fair Catch) 101
Illegal Contact and Pass Interference (Forward Pass) 115
Illegal Delay of the Game (Delays) 78
Illegal equipment (5 on 5 flag football) 190
Illegal Equipment (Players and Playing Equipment) 43
Illegal Forward Pass (Forward Pass) 110
Illegal Interference (Contact and Interference Fouls) 136
Illegally Kicking a Ball (Batting and Kicking) 146
Illegal Touching (Forward Pass) 119
Inbounds Lines (Hash Marks) (Lines) 54
Inbounds Spot (Spots) 60
Incident reports (Game regulations) 19
Incompleted Pass (Forward Pass) 114
Ineligibles Downfield (Forward Pass) 118
Initial Impetus (Responsibility and Impetus) 128
Initiating Contact/Targetting an Opponent (Contact and Interference Fouls) 135
Injury Timeout (Timeouts) 76
In Possession (The Ball: Live, Dead, Loose) 50
Instructions to Stadium Game Clock Operators (Stadium Clocks) 171
Instructions to Stadium Play Clock Operators (Stadium Clocks) 171
Interference with Opportunity (Opportunity to Catch a Kick) 98
Interfering for or Helping the Runner or Passer (Blocking, Use of Hands or Arms) 141
Interval Fouls (Penalties Completed) 151
Invalid Signal (Fair Catch) 53
Invalid Signals (Fair Catch) 100

- Jurisdiction (Basic principles) 16
- Kick After Safety (Safety) 127
- Kicker and Holder (Team and Player Designations) 62
- Kicking Team (Free Kick Out of Bounds) 92
- Kickoff (Kicks) 56
- Kicks (5 on 5 flag football) 190
- Kicks (5 on 5 football) 182
- League Notification (Cancellation, Suspension and Abandonment of Games) 175
- Legal and Illegal Kicks (Kicks) 55
- Legal and Illegal Kicks (Scrimmage Kicks) 97
- Legal Forward Pass (Forward Pass) 110
- Legal Substitutions (Substitutions) 79
- Length of Periods (amendment to rule 3-2-1) (Youth Football) 180
- Length of Periods and Intermissions (Amendments to NCAA Rules for British games) 178
- Length of Periods and Intermissions (Playing Time and Intermissions) 69
- Length of Timeouts (Timeouts) 77
- Liaison with Game Personnel (Game Personnel) 173
- Limitations on Reviewable Plays (Reviewable Plays) 165
- Limit Lines (The Field) 33
- Lineman and Back (Team and Player Designations) 62
- Line to gain (5 on 5 flag football) 188
- Line to gain (5 on 5 football) 182
- Line-to-Gain and Down Indicators (The Field) 36
- Line to Gain (A Series: Started, Broken, Renewed) 85
- Live Ball Becomes Dead (Ball in Play – Dead Ball) 81
- Live-Ball – Dead-Ball Fouls (Penalties Completed) 151
- Live-ball fouls (5 on 5 football) 186
- Live-Ball Fouls by the Same Team (Penalties Completed) 148
- Live Ball (The Ball: Live, Dead, Loose) 49
- Location (Instant Replay Personnel, Equipment and Location) 166
- Loose ball (5 on 5 flag football) 193
- Loose Ball (The Ball: Live, Dead, Loose) 49
- Loose Behind the Goal Line (Scrimmage Kicks) 97
- Loss of a Down 57
- Mandatory and Illegal Equipment Enforcement (Players and Playing Equipment) 45
- Mandatory equipment (5 on 5 flag football) 190
- Mandatory Equipment (Players and Playing Equipment) 42
- Markers and Obstructions (The Field) 37
- Marking Balls (The Ball) 39
- Marking Boundary Areas (The Field) 33
- Medical requirement (5 on 5 flag football) 188
- Medical Requirement Administration (Medical Provision) 48
- Minimum Medical Requirements (Medical Provision) 47
- Minimum Standards for Game Clocks (Stadium Clocks) 169
- Minimum Standards for Play Clocks (Stadium Clocks) 170
- Miscellaneous (Reviewable Plays) 163
- Muff (Fumbling, Muffing, Touching, Batting or Blocking a Kick) 53

- Next Play (Field Goal) 125
Next Play (Try Down) 124
Nine-Yard Marks (Lines) 55
No Advance (5 on 5 flag football) 195
No Advance (5 on 5 football) 184
No Advance (Fair Catch) 100
No-run zone (5 on 5 flag football) 189
No-run zone (5 on 5 football) 182
No Tackling (Fair Catch) 101
Not Outside an Inbounds Line (The Scrimmage) 103
Numbering and formations (5 on 5 flag football) 193
Numbering and formations (5 on 5 football) 184
- Offensive and Defensive Teams (Team and Player Designations) 62
Offensive Team Requirements (exception to Rule 7-1-3-b-1) (Youth Football) 180
Offensive Team Requirements (The Scrimmage) 103
Officials' Assistants (Game Personnel) 172
Offsetting Fouls (Penalties Completed) 148
Offside (Encroachment and Offside) 57
Opportunity to Score (Try Down) 121
Out of Bounds at Forward Point (Out of Bounds) 84
Out of Bounds (Backward Pass and Fumble) 110
Out of Bounds Behind Goal Line (Scrimmage Kicks) 96
Out of Bounds Between Goal Lines or at Rest Inbounds (Scrimmage Kicks) 96
Out of Bounds Lines (Lines) 54
Out of Bounds Player (Scrimmage Kicks) 98
Out-of-Bounds Spot (Spots) 60
- Participation (Eligibility for Instant Replay) 161
Passer (Team and Player Designations) 63
Passes (Reviewable Plays) 162
Passing (Passes) 57
Penalties 20, 21, 22
Penalties for disqualification from a game (Penalties) 20
Penalties for other breaches (Penalties) 21
Penalties for roster form breaches (Penalties) 21
Penalty 58
Penalty Declined (Down and Possession After a Penalty) 88
Penalty enforcement (5 on 5 flag football) 195
Penalty enforcement (5 on 5 football) 186
Penalty Resulting in First Down (Down and Possession After a Penalty) 87
Penalty yardage (5 on 5 flag football) 195
Personal fouls (5 on 5 football) 185
Personnel (Instant Replay Personnel, Equipment and Location) 166
Persons Subject to the Rules (General Provisions) 32
Persons Subject to the Rules Restrictions (addition to Rule 9-1-2) (Youth Football) 181
Persons Subject to the Rules Restrictions (Contact and Interference Fouls) 130
Place Kick (Kicks) 56
Planned Loose Ball (The Scrimmage) 108
Play-Clock Count (Ball in Play – Dead Ball) 83

- Play Clock (Timing Devices) 64
- Player Out of Bounds (Out of Bounds) 83
- Player Restrictions (Blocking, Use of Hands or Arms) 144
- Player's Numbering (Players and Playing Equipment) 40
- Player (Team and Player Designations) 63
- Player Vacancy (Team and Player Designations) 63
- Playing Enclosure (Field Areas) 65
- Playing Surface (Field Areas) 65
- Playing time (5 on 5 flag football) 191
- Playing time (5 on 5 football) 183
- Possible sanctions (Sanctions) 177
- Postscrimmage Kick Spot (Spots) 61
- Previous Spot (Spots) 59
- Principles of natural justice (Basic principles) 17
- Procedure for Delaying the Start of a Game (Cancellation, Suspension and Abandonment of Games) 175
- Procedure for Suspending the Game (Cancellation, Suspension and Abandonment of Games) 175
- Procedures (Enforcement Procedures) 153
- Procedures for BAFA disciplinary and appeal proceedings 22, 23, 24
- Procedures for Operating Game Clocks (Stadium Clocks) 170
- Procedures for Operating Play Clocks (Stadium Clocks) 171
- Procedures for reviewing cases (Procedures for BAFA disciplinary and appeal proceedings) 24
- Procedures (Reviewing an On-field Ruling) 167
- Prohibited Field Equipment (Players and Playing Equipment) 46
- Prohibited Signal Devices (Players and Playing Equipment) 46
- Public Address Announcers (Miscellaneous) 176
- Punt (Kicks) 55
- Putting the ball in play (5 on 5 flag football) 191
- Putting the ball in play (5 on 5 football) 184
- Pylons (The Field) 36
-
- Receiving Team (Free Kick Out of Bounds) 93
- Recommended Numbering (Players and Playing Equipment) 40
- Referee's Discretionary Timeout (Timeouts) 74
- Referee's Notification (Timeouts) 77
- Registration and rosters (Game regulations) 19
- Relocated by penalty (5 on 5 flag football) 195
- Relocated by penalty (5 on 5 football) 186
- Removing persons from the field (Amendments to NCAA Rules for British games) 178
- Replaced Player (Team and Player Designations) 63
- Responsibility (Responsibility and Impetus) 128
- Restraining Lines (Free Kicks) 90
- Restraining Lines (Lines) 54
- Return Kick (Kicks) 56
- Rosters (5 on 5 flag football) 196
- Rosters (5 on 5 football) 187
- Roughing or Running into Kicker or Holder (Contact and Interference Fouls) 135
- Rules Decisions Final (Down and Possession After a Penalty) 89

- Runner and Ball Carrier (Team and Player Designations) 63
- Running Play (Play Classification) 64
- Safety (5 on 5 flag football) 194
- Scope and definitions (Basic principles) 14
- Scoring (5 on 5 flag football) 193
- Scoring (5 on 5 football) 185
- Scoring Plays (amendment to rule 8-1-1) (Youth Football) 180
- Scoring Plays (Value of Scores) 120
- Scrimmage Kick Formation (Kicks) 56
- Scrimmage Kick (Kicks) 56
- Scrimmage Kick Play (Play Classification) 64
- Scrimmage Line (Scrimmage) 58
- Scrimmage (Scrimmage) 58
- Second and Fourth Periods (Start of Each Period) 66
- Security and Access (Changing Facilities) 169
- Shadow blocking (5 on 5 flag football) 189
- Shift 59
- Shifts and False Starts (The Scrimmage) 106
- Side Line, Goal Line, End Line (Reviewable Plays) 161
- Simultaneous Catch or Recovery (The Ball: Live, Dead, Loose) 51
- Simultaneous with Snap (Penalties Completed) 148
- Snap After a Touchback (Touchback) 128
- Snapper (Team and Player Designations) 63
- Snapping the Ball 59
- Spearing 59
- Specifications (The Ball) 38
- Specific principles for appeals (Procedures for BAFA disciplinary and appeal proceedings)
23
- Sportsmanship (5 on 5 flag football) 196
- Sportsmanship (5 on 5 football) 186
- Spot of ball (5 on 5 flag football) 192
- Spot of the Foul (Spots) 60
- Spots (Enforcement Procedures) 153
- Spot Where Kick Ends (Spots) 60
- Spot Where Run Ends (Spots) 60
- Squad Member (Team and Player Designations) 63
- Starting with a Snap (The Scrimmage) 103
- Start of each half (5 on 5 flag football) 191
- Start of each half (5 on 5 football) 183
- Status of the BAFA Disciplinary Code (Amendments to NCAA Rules for British games)
177
- Stewards (Game Personnel) 173
- Substitute (Team and Player Designations) 63
- Substitution Procedures (Substitutions) 79
- Succeeding Spot (Spots) 60
- Supervision (5 on 5 flag football) 188
- Supervision (5 on 5 football) 181
- Supervision (General Provisions) 31
- Suspensions (Penalties) 21

- Tackling 62
- Team Area and Coaching Box (The Field) 34
- Team Arrival (Cancellation, Suspension and Abandonment of Games) 173
- Team Captains (General Provisions) 31
- Teams A and B (Team and Player Designations) 62
- Teams Subject to the Rules (General Provisions) 32
- Terms and Conditions 209
- The ball (5 on 5 flag football) 188
- The ball (5 on 5 football) 182
- The field (5 on 5 flag football) 188
- The field (5 on 5 football) 181
- The Field (Cancellation, Suspension and Abandonment of Games) 174
- The Field (Field Areas) 65
- The game (5 on 5 flag football) 188
- The game (5 on 5 football) 181
- The Game (General Provisions) 31
- The Neutral Zone 57
- Tiebreaker procedures (Amendments to NCAA Rules for British games) 178
- Timeouts (5 on 5 flag football) 191
- Timeouts (5 on 5 football) 183
- Timeout (Timeouts) 73
- Time Restrictions (Reviewing an On-field Ruling) 168
- Timing Adjustments (Playing Time and Intermissions) 69
- Timing devices (Amendments to NCAA Rules for British games) 179
- Timing Devices (Playing Time and Intermissions) 70
- Touchback (5 on 5 flag football) 194
- Touchdown (5 on 5 flag football) 194
- Touching and Recovery of a Free Kick (Free Kicks) 91
- Touching (Fumbling, Muffing, Touching, Batting or Blocking a Kick) 54
- Touching Ground On or Behind Goal Line (Free Kicks) 92
- Touching Ground On or Behind Goal Line (Scrimmage Kicks) 96
- Tripping 64
- Tripping (exception to Rules 2-28-1 and 9-1-2-c) (Youth Football) 181
- Unfair Acts (Noncontact Fouls) 140
- Unfair Game Clock Tactics (Delays) 78
- Unfair Tactics (Noncontact Fouls) 139
- Unsportsmanlike Acts (Noncontact Fouls) 138
- Use of Hands or Arms by Defense (Blocking, Use of Hands or Arms) 143
- Use of Hands or Arms by Offense (Blocking, Use of Hands or Arms) 141
- Valid Signal (Fair Catch) 53
- Violation Timeouts (Timeouts) 77
- Water Carriers (Game Personnel) 172
- Weather (Cancellation, Suspension and Abandonment of Games) 174
- When Ball is Loose (Blocking, Use of Hands or Arms) 145
- When Ball is Ready for Play (The Ball: Live, Dead, Loose) 49
- When Clock Starts (Playing Time and Intermissions) 71
- When Clock Stops (Playing Time and Intermissions) 73

When Declared (Touchback) 127
When to Award Series (A Series: Started, Broken, Renewed) 85
When to Stop a Game (Initiating the Replay Process) 167
Who May Block (Blocking, Use of Hands or Arms) 141
Winning Team and Final Score (General Provisions) 31

Yard Lines (Lines) 54